

# NUT TREE



April 2025 Volume 40 (1)



## Nature Notes

At dawn the weather is strangely deceptive. The blue, cloudless sky invites me out, but I can see the cold as the air frost indicates. Thermals are required. The forecast suggests that an easterly airstream will continue and there is little sign of rain. We may be in the first weeks of meteorological spring and approaching the equinox, but recently the weather has taken the edge off any optimism. The warmish couple of days a week ago seem a distant memory. Spring seems to be taking one step forward and two steps back. Nevertheless, it is good to be out as long as you wrap up on a day that feels more like winter.

My walk takes me east into the glare of the sunrise. Daffodils add to the brightness, but on the edge of the village they give way to the vivid spectacle of the yellow flowers of gorse, that contrast with the drab blankness of barely budding trees. Then a few white flowers of Blackthorn attract my attention, their flowers always ahead of their greenery in contrast to Hawthorn. It is mid-March but nature seems to be on hold.

The birds do not show too much enthusiasm either. Gulls swirl round annoying one another, whilst a large flock of Jackdaws perch forlornly like black decorations atop leafless trees, waiting to absorb the early warmth from the rising sun. A Robin pushes his red breast eastward into the glare, fluffing its feathers to keep warm. Among the smaller birds there is a reluctance to sing in the cold, preferring to call to one another rather than engage in a dawn chorus. From deep in a hedgerow a

diminutive Wren produces its familiar rattle, its call not the song. It is strange to think that this is our commonest bird, but it keeps well hidden, often heard but rarely seen. Eventually, I do pick out the song of Blackbird, Song Thrush and Chiffchaff, the latter a recent summer arrival, but it is brief and is not sustained. Great Tits forage through the bushes but do not attempt to sing. Feeding is a more important goal. As I continue the walk, I am struck by the odd pockets of silence.

At a high point and looking south, I scan the uninviting blackness of the sea and there are few species to observe. A small number of Gannets prospect the expanse and quickly I pick out the odd one diving. Then, a Grey Heron appears from the west, impressively built, flying methodically but elegantly on bowed wings, high over the coastline on its short distance migration. I turn to retrace my steps as the sun continues its imperceptible rise. Slowly, more birdsong emerges but it is still limited in range. The Wren that uttered its contact call now ventures into its loud song, but a Coal Tit forages along branches without a sound. The birds are biding their time.

*Alan Payne*

## **St Germans Parish Council**

As March closes we all hope that the road digging season is also finishing in the village, it seems that no road has escaped being excavated this year by South West Water, Glanville, and Broadband. Hopefully the rest of the houses in the Parish will be connected to broadband by cable from poles where available. A “question and answer” session is being booked for later in April.

The road works continue elsewhere. The A38 from Saltash to Trerulefoot is about to be extensively camera covered. This is a speed issue only as the Safety plan will follow later.

The National Highways Tunnel works have just announced that Overnight Tunnel closures in both directions will now run until Winter. They will be closed from 20:00 to 06:00 on Monday to Friday. The second phase, starting in early Autumn, will switch off the tidal flow system meaning one lane in each direction at all times when open. The finish time is yet to be announced.

Local Elections are due in May; it is not all about dog poo, parking and litter so ask a Councillor if you are interested.

*Nigel Witton*

## **Deviock Parish Council**

There will be three meetings in April: Thursday 10<sup>th</sup> (Full Council, 19:30) and Thursday 24<sup>th</sup> (Annual Parish Meeting, 18:30, followed by Planning Committee, 19:30/19:45). All meetings take place at The Zone, Donderry Methodist Church. See Agendas for details prior to each meeting.

Seaton land: A site survey has been booked in for April, after which a management plan will be developed, with appropriate organisations and specialists to be involved in the process.

Tanver Yate: For the attention of parents and dog owners, please be aware that a large gap in the hedgerow has been made roadside to allow for a pedestrian gate.

Dog Fouling Public Spaces Protection Order: This new (Cornwall Council) Protection Order covers all of Cornwall and is being enforced by dog welfare and enforcement officers, many of whom are not uniformed. Failing to clean up after your dog may result in a Fixed Penalty Notice (FPN) of £100 being issued.

Planning applications: To comment on a planning application on the Cornwall Council Planning site, search online for ‘cornwall council planning applications’. You will need to log in to use the Planning site. Any comments posted on the site are viewed by the Parish Council’s Planning Committee and Cornwall Council Planning Officers. See Agendas for applications due for discussion at the next Planning Committee meeting.

Forthcoming road closures around the parish: These can be found at <https://one.network/>.

For any other Parish Council business and news, go to our website at [www.deviockparish.org.uk/](http://www.deviockparish.org.uk/). The Parish Clerk can be contacted Monday to Friday by email at [clerk.deviockpc@btinternet.com](mailto:clerk.deviockpc@btinternet.com). The Parish Office at the Vestry in Donderry is open to the public on the first and third Wednesday of the month (non-meeting weeks), 14:00 -17:00 (tel: 01503-250052).

*Karen Pugh, Parish Clerk*

## **Deviock Parish Council Loan Fund**

The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

## **Lynher Church at St Germans**

Hello again from the chapel. April is of course a busy time for us as Lent continues and we approach Easter. Below is a timetable for Holy Week which we will be celebrating with friends in neighbouring chapels. Before then we have our Lent Course on the evenings of the 2<sup>nd</sup> and 9<sup>th</sup> at 19:00 at the chapel. Please feel free to join us to reflect on this important time in the Church Year.

Our Bible Study group continues to meet at 14:00 on the first and third Thursday of the month at 24 Lower Fairfield. Our services are as normal at 10:30 at the chapel except for the 6<sup>th</sup> April when we join with our friends at Crafhole Methodist Church at 10:30.

Our Charity Coffee Morning is on Easter Saturday from 10:00 until 12:00 and our chosen charity this month is Water Aid. We are so pleased to see so many people joining us and having an enjoyable morning meeting friends and supporting very worthy charities. This month's will, of course, include Hot Cross Buns.

Thank you for your support in all that we do and we look forward to seeing you at any of these events.

### **Holy Week and Easter Services:**

Palm Sunday (13<sup>th</sup> April) Services as normal in local churches

Monday 14<sup>th</sup> April (19:00 – 20:00) Easter Bible study & prayers St Germans Methodist Church

Tuesday 15<sup>th</sup> April (19:00 – 20:00) Easter Bible study & prayers at Bealbury Methodist Church

Wednesdays 16<sup>th</sup> April (19:00 – 20:00) Easter Bible study & prayers at Crafhole Methodist Church

Maundy Thursday (17<sup>th</sup> April 11:00) Service at Pelynt Methodist Church

Good Friday (18<sup>th</sup> April 19:45) Tenebrae Service at Riverside United Church Looe

Holy Saturday (19<sup>th</sup> April) Prayer stations at Polperro Methodist Church 10:00 – 14:00 and Easter Vigil 20:00 – 20:30

Easter Day (20<sup>th</sup> April) Sunrise service 06:00 on Hannafore Beach below Coast Guard Station. Services as normal in local churches.

*Steve Gerrard*

## **St Germans and District Garden Club**

On Wednesday 16<sup>th</sup> April we have a talk by David Carter on Alpine Plants, their types and cultivation. Plants you can grow in the smallest of places and crevices. David runs Buckland Cottage Nursery. The nursery is home to two National Collections and is an Alpine growing specialist nursery.  
<https://bucklandcottagegarden.co.uk/>

**SAVE THE DATE.** The St Germans and District Garden Club will be having an Open Gardens event in St Germans on the afternoon of Sunday 8<sup>th</sup> June. More to follow. [www.stggc.uk](http://www.stggc.uk)

*Roger Whitehead*

## Hessenford News

You will probably have noticed that there was no Hessenford News in last months' Nut Tree; with no volunteer to write the input regularly things are bound to fall through the net every now and then. If anyone feels they could write the news regularly or just for a month or two over the year, please contact the Nut Tree Editor and pass on your name. Every bit of help with this would be a real bonus. It would also be interesting to get the perspective of different people onto these pages.

Well, since the last Village news, spring has arrived in our valley. The snowdrops are long gone, wild primroses are everywhere and the wild garlic is sprouting along the river bank. There is a pair of ducks nesting by the river and the Heron and Kingfisher are regular visitors. The woods are thankfully drying up and for those who regularly tackle the public footpath that runs up next to the graveyard, it is now less of a mud slide. The church hall lawn has had its first cut and as soon as the water level drops a little, the rest of the wall will be repaired. The Hall, which is opposite the Copley, is there for everyone to use for a very modest fee - go to [www.hessenford.com](http://www.hessenford.com) to book it or talk to one of the committee whose names are on the notice board outside. It is a great space for a party or a meeting and much more. It has a fully functional kitchen, big indoor space and lovely garden. We are hoping to build a robust folding gate at the entrance to the garden so that people can use it safely without children, dogs and balls getting onto the road.

Every second Saturday there is a cake and chat morning in the Hall, the next is 11:00 to 13:00 on 12<sup>th</sup> April. It costs nothing and is a great chance to catch up with people; it is open to all so please do come along. There are lots of books and DVDs to swop and borrow for free in the Hall so make use of that if you want to.

You will probably have noticed the protective barrier that has been erected outside the church. This is because the wall that surrounds the churchyard is bowing and some stones have become dislodged. Cornwall Council are responsible for this and had a site meeting last week to decide how to resolve the problem. We are waiting for more information but in the meantime it is fine to continue parking along the wall and the church remains open 24hrs a day. We currently have three weddings booked in St Anne's this year: in April, May and July. The dates of these are on the Hall Notice Board. This usually means that parking becomes very busy for a short period during the service. The Hall garden is used for parking but it is small and there are limited other options except along the road so please do be patient. The upside is that this is quite a good traffic calming measure.

Quite a few people are battling illnesses and we hope that you are starting to feel stronger, or at least a little brighter with the better weather.

*Fiona Bristow*

## Quay Lane Surgery

### The Patient Participation Group (PPG)

Last month the PPG received two wonderful donations for the surgery and we would like to say a very big thank you first to St Germans Community Shop. This grant has been used to fund a Kardia Mobile sensor device for an ECG monitor, a paediatric re-usable wrap style oximetry sensor and the remainder has contributed towards the cost of a much needed dispensary scanner and printer. This will provide an extra workstation which will improve waiting times and throughput in the dispensary.

A massive thank you also goes out to Lynher Church in St Germans for raising a tremendous £180 at a coffee morning held in February specially for the surgery! This amount will also be used to fund much needed medical and ancillary equipment to enhance care services and patient experience at both Quay Lane and Dowerry surgeries.

Please look out for our own PPG fundraisers on Saturday 26<sup>th</sup> April when we will have a table at Eliot Hall together with the Gardening Club. The PPG will be selling cakes, preserves, craft items and paperback books.

*Claire Croft, Chair Email: [quaylanepgg@gmail.com](mailto:quaylanepgg@gmail.com)*

### Practice News:

Farewell and Recruitment Updates.

We are sad to announce that Dr Jack Potheary will be leaving us in April to return to his home in Ireland. Dr Potheary has been an invaluable member of our team, and it has been a genuine pleasure working alongside him. His dedication and compassion have left a lasting impact on both our staff and patients, and he will be greatly missed. We extend our heartfelt wishes for his future endeavours and thank him for his significant contributions to our surgery.

Additionally, we are actively seeking to recruit a new member for our nursing team. Despite our efforts to fill the gaps with locums, it has proven challenging at times. We sincerely apologise for any inconvenience this may have caused our patients and remain hopeful that we will fill the position soon.

We are committed to minimising any disruption to patient care during these transitions. Thank you for your understanding and continued support.

*Debbie Todd, Practice Manager*

## **Downderry and Seaton Community Shop Update**

The Community Shop Committee has been working diligently to achieve the goal of reopening a shop for Downderry and Seaton. Over the past few months, we have made significant progress: funding has been secured, shelving acquired, volunteers have stepped forward, a job description for a Shop Manager has been drafted, and we have identified reliable suppliers.

The biggest challenge has been finalising the lease, but we are now close to agreeing a new 15-year lease. Whilst the process is complex and may take several more months, we remain cautiously optimistic about a successful outcome. Once the lease is finalised, we can move forward with the exciting phase of setting up and opening the shop.

However, in the event that, despite our best efforts, a satisfactory agreement cannot be reached we are also exploring alternative short-term solutions. We welcome any suggestions you may have.

We greatly appreciate your continued support and will keep you updated on our progress. If you have any questions, please don't hesitate to contact any member of the Community Shop Committee.

**Finally, thank you for being part of this journey - we look forward to bringing a shop back to the community!**

*Dave Gatland*



## **Hessenford WI Goes Ape**

Did you know that Orangutans use flexible branches to weave themselves a bed high in the trees and that they weave a new one every day? Members were fascinated when this and a host of other interesting facts about this endangered species were revealed at the Hessenford WI's March meeting. Our speaker Prof. Sue Thorpe gave an illustrated presentation about her work in conservation and the way that technology is helping in the rehabilitation of Orangutans.

The afternoon was rounded off by tea and homemade biscuits. Another enjoyable and educational afternoon. If you would enjoy interesting talks and activities and the chance to get together with other women, come and meet us. We meet in Widegates Village Hall on the first Tuesday of each month.

*Jackie Holland, President*

## **Downderry Memorial Gardens – Saturday Gardening**



A group of gardening volunteers meet once a month on Saturday mornings 10:00 – 12:00 to help maintain and improve these gardens which are a great local asset.

We will have the CORMAC Gardening Trailer on site so no need to bring your own tools.

Please come along and join in.

The list of dates for 2025 are: -

April 12<sup>th</sup>, May 17<sup>th</sup>, June 14<sup>th</sup>, July 12<sup>th</sup>, August 16<sup>th</sup>, September 13<sup>th</sup> and finally October 18<sup>th</sup>.

*Tim Pullin*

## **St Germans Thursday Club**

On Thursday 27<sup>th</sup> February the Thursday Club celebrated its 52<sup>nd</sup> birthday, we all enjoyed party games, lots of lovely food and a fabulous birthday cake.

Thursday 13<sup>th</sup> March we were delighted to welcome Helen who gave us a very interesting demonstration of lamp shade making. There was lots of opportunity for us to have a go. Helen had also brought kits to purchase to make our own lampshade at home or we could buy from the wonderful selection Helen had brought along.

### Thursday 10<sup>th</sup> April

An afternoon of Easter Crafts, no experience necessary, all materials supplied, come and have a go, and if you enjoy crafting come and share your ideas with us.

### Thursday 24<sup>th</sup> April

Come and join us at our Book and Plant Swap (to include seedlings and cuttings). If you have items to swap they will be very welcome but everyone is invited.

All meetings are held at the Eliot Hall St. Germans, 14:00 for 14:30 start, entry is £3 at the door and includes a cup of tea or coffee, biscuits and a fun raffle. New members and visitors are always welcome.

For general enquiries please contact Jenny Putt on 01503 230766.

*Linda Barnes*

## **RBL Tideford Coffee Morning**

Royal British Legion Tideford monthly coffee morning on 7<sup>th</sup> April from 10:30 to midday. Homemade cakes and a coffee only £2.50, proceeds to the Poppy Appeal. Everyone is welcome to come along.

*Julie Luscombe*



## Caring for the Look of Our Village



Taking pride in our village's appearance is about more than aesthetics, it fosters a sense of community, responsibility, and civic duty. A well-maintained village reflects the care of its residents, making it a more pleasant place for all.

While we all have our own responsibilities, those living near public highways or spaces have a slightly greater role in keeping their areas tidy. They should also report issues like road or pavement cleaning via Cornwall Council's website.

One simple way to help is by '*adopting a litter pick board*', ensuring it is stocked with bags and a litter picker to encourage others to join in. Similarly, '*caring for neglected spaces*' - by weeding or planting flowers - can make a big difference.

We are grateful to Anne and Graham Mace, Nigel Jones, David Batiste, and others who maintain the Neighbourhood Watch flower boats, as well as Women's Institute members who look after the Seaton Boat and the Broads Yard flower beds in Downderry. Thanks also to the volunteers who meet one Saturday morning a month (April - October) to care for Downderry's Memorial Gardens, making it a peaceful space for residents and visitors. If you would like to help, contact Tim Pullin ([tim.pullin@gmail.com](mailto:tim.pullin@gmail.com)). For the Seaton Community Garden (previously known as The Butterfly Garden), contact Dave Langford ([djlangford100@hotmail.com](mailto:djlangford100@hotmail.com))

Supporting beach cleaning events keeps our coastline beautiful, while responsible pet ownership, disposing of dog waste properly, ensures our paths and green spaces stay clean.

By working together, we can create a ripple effect of positive change. Let us take pride in our village – it is our shared home, and its beauty depends on all of us!

*Maura Swabey*

*Chair, Downderry and Seaton Residents Association (DaSRA) [www.dasra.co.uk](http://www.dasra.co.uk)*

### **Eliot Hall, St Germans - Coffee Morning Saturday April 26<sup>th</sup>**

Come and join us for hot drinks, toasted tea cakes and hot cross buns at our next coffee morning - by which time Spring will have truly sprung!

We will be joined by the St Germans Gardening Club with their array of plants to fill any gaps in your garden, and by Venetia who will be selling a range of jams, chutneys, cakes and books on behalf of the Patient Participation Group at Quay Lane Surgery. Hope to see you there.

*Briony Woods*



## **Downderry and Seaton Village Hall (Registered Charity 1210090)**

Together we have raised £65,000 for the 'Save our Village Hall' appeal - The Village Hall Trustees would like to thank everyone who has contributed to the Appeal by giving a donation and attending our Fundraising Events. We are thrilled to have your support. We need you now, more than ever, to come together and help save our Village Hall by making a donation. Your

donation will help secure the future of this vital community owned building. Every £1 helps, and if you are a UK taxpayer, please allow us to boost your donation by 25p of Gift Aid for every £1 you donate. To donate go to our website [www.downderryandseatonvillagehall.co.uk](http://www.downderryandseatonvillagehall.co.uk), complete a form available in the Village Hall and Inn on the Shore or speak to a Trustee at any of our Fundraising Events. It is a gift that will always be remembered as your name will be added to our 'Wall of Thanks', listing all those who have helped to save the D&S Village Hall. This will be unveiled when the Village Hall reopens following completion of the work. **THE FUTURE OF OUR VILLAGE HALL IS IN YOUR HANDS!**

Casino & Auction Night, Saturday 5<sup>th</sup> April 18:30 for 19:30 start - You are invited to attend our next major 'Save our Village Hall' fundraising event with all proceeds going to our Appeal. Theme - James Bond, so dress to impress! You will receive bubbles on arrival and a photo opportunity. There will be three casino tables (roulette and blackjack), canopies, cocktails and a reasonably priced bar. And to end the evening there will be music giving you a chance to show your dance moves. Tickets £25 each (16 years and over). The online auction is now open with many amazing items.

Coffee Morning, Tuesday 8<sup>th</sup> April 10:00 to 12:00 - Come along for a chat and enjoy a hot or cold drink with a Toasted Teacake. It only costs £2.50 per person and there will be a Book Stall and Raffle Tickets for that morning's draw.

Producers Market, Sunday 13<sup>th</sup> April 10:00 to 13:00 - Shop local and support our local producers. See our website for a list of the producers who will be attending this event. Hot and cold refreshments available. Entry is free.

Easter Bingo, Friday 18<sup>th</sup> April 18:30 for 19:30 start - Eyes down it's Bingo Time - this fun game is open to all and prizes include Easter Eggs, Chicken Dinners and Cash. There will be a reasonably priced bar and snacks on the night. This is a non-commercial Fundraising Event with all proceeds going to the Village Hall.

Little & Bigger Breakfast, Saturday 19<sup>th</sup> April 10:00 to 13:00 - Enjoy a Breakfast Bap of sausage, bacon and egg or the veggie option of egg and hash browns with a hot or cold drink for just £5.00. Or a bigger breakfast of sausage, bacon, egg, tomatoes, beans, hash brown and toast with a hot or cold drink for £6.50, veggie option also available. Filter coffee and hot chocolate made with milk available at an additional cost. There will also be a book/DVD sale.

Craft Fair, Sunday 20<sup>th</sup> April 10:00 to 14:00 - Come and support our many talented local crafters and buy some unique handmade pieces which you, your family and friends will love. There will be some of your favourites as well as new ones. Also enjoy hot and cold refreshments. Entry is free.

Family Easter Event, Monday 21<sup>st</sup> April from 13:00 - The fun starts at 13:00 in the Village Hall when there will be an Easter Colouring Competition the winners will win prizes - bet you can't guess what! At 14:00 it's - on your marks, get ready, GO! for our annual Children's Easter Egg hunt! Entry is free but donations are welcome for the 'Save our Village Hall' appeal. There will also be a reasonably priced bar.

Downderry & Seaton Community Fair 24<sup>th</sup> May 14:00 to 17:00 (set up from 13:00) - charities, organisations, associations and groups are invited to take part in our next Community Fair. The purpose of this event is to give you the opportunity to make people aware of the work you do, how they can help and get involved. Please email [downderryandseatonvillagehall@gmail.com](mailto:downderryandseatonvillagehall@gmail.com) to book your table large (3ft x 6ft), small (3ft x 3ft) by Friday 2<sup>nd</sup> May. If you have a logo or other image we can use to promote your attendance, please attach it to the email. There is no charge for this event.

Groups (members only) - Tuesdays 14:00 to 16:00 - Short Mat Bowls, Tuesdays 19:15 to 21:30 - Drama Group, Wednesdays 14:00 to 16:00 - Badminton, Thursdays 19:00 to 21:00 - Badminton, Most days 09:00 to 23:30 - Snooker Room.

Save the date:

- VE Day 80<sup>th</sup> Anniversary Afternoon tea, Thursday 8<sup>th</sup> May 14:00 to 17:00
- Quiz Night, Friday 9<sup>th</sup> May 18:30 for 19:30 start
- Craft Fair, Sunday 25<sup>th</sup> May 10:00 to 14:00

All are welcome at our Fundraising Events, unless otherwise stated, including dogs on leads. Reasonably priced bar at evening events. For more information about the above events see posters around the area, go to our website

[www.downderryandseatonvillagehall.co.uk](http://www.downderryandseatonvillagehall.co.uk) or Facebook Group, email [downderryandseatonvillagehall@gmail.com](mailto:downderryandseatonvillagehall@gmail.com) or telephone 01503 250412.

*Mandy Smith - Trustee & Secretary, Downderry and Seaton Village Hall*

## **Deviock Activities Group (DAG) At The Zone (PL11 3JZ)**

### April Activities

**Craft Café & Art Group:** Mondays (not Bank Holidays) 14:00 -1600

Suggested donation £3

Activity on offer each week this month is Marbling.

Bring your own projects or just come for a chat and a coffee.

For further information contact [webstersue62@gmail.com](mailto:webstersue62@gmail.com)

### **Low-Cost Workshops**

Saturday 5<sup>th</sup> 10:00 – 16:00 MONOPRINTING with Helen Round - £20

Thursday 17<sup>th</sup> 19:30 – 21:30 WILLOW WORKSHOP with Jasmine Fassenfelt - £5

For more information contact [parkerviv@aol.com](mailto:parkerviv@aol.com)

**Music Club** (Wednesdays 14:00 – 15:30 Suggested donation £3)

Refreshments provided. Join us for singing, playing an instrument or just listening and enjoying. No musical ability or experience required!

For more information contact [parkerviv@aol.com](mailto:parkerviv@aol.com)

### **Table Tennis**

Wednesdays (18:00 £2)

A friendly group, no experience needed, all abilities welcome and all equipment provided.

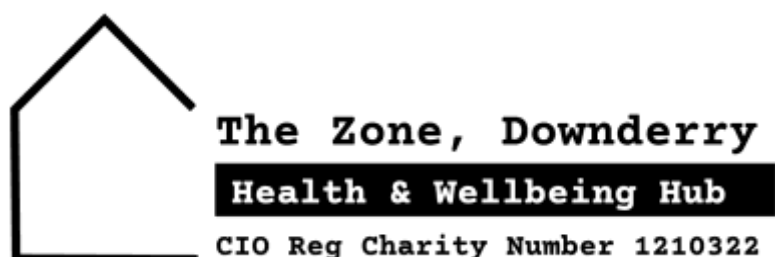
For more information contact [magiluvs2sing@gmail.com](mailto:magiluvs2sing@gmail.com)

### “Scallywags”

For information about Easter school holiday activities for children and their parents contact [leanneronk@yahoo.com](mailto:leanneronk@yahoo.com)

*Viv Parker*

### **Spring has arrived at the Zone!**



Time to spruce up the front of the building with bedding plants and some colour. Volunteers are needed to help us keep it looking attractive.

Offers of help to [zonedownderry@aol.com](mailto:zonedownderry@aol.com) please.

*The Zone Steering Committee*



## Simple Ways To Save The Planet

How do we stay sane despite the craziness that is sweeping the world? For myself I try to maintain that there is really no point worrying about things I have no control over. If the news is bad, then I stop looking at it. In today's connected world this is sometimes easier said than done!

At times it feels like we have very little control over anything. However, this is not true. We do have agency. We can choose where we shop, and what we buy when there. We choose whether to be involved in our local community, or what we plant in our gardens. We choose who we bank with, or whether we use cash or card. We choose our social circles. We choose how long we spend on social media channels (although they are designed to draw us in). We can also choose what we believe.

Choosing what to believe is quite hard these days. With computer programme manipulations and AI, complete fabrications can appear authentic. There is an incentive for fossil fuel companies to spread false truths. (Stakeholder profits are a powerful thing.) Videos from sites that include names like 'real', 'truth', 'honesty' and 'daily' often have an agenda and may not be what they purport to be. Oddly enough the far left are joining with the far right to discredit global warming. As a friend says "politics is a hoop. Go too far to the left and you are at the right." Divide and conquer is a well-oiled machine.

We can believe what we see though, and we can see positive effects from the things we do. Notice how joining community events brings happiness, how pollinator friendly planting in your garden attracts wildlife, how using cash makes it easier to spend less. You can acknowledge negatives and work out a positive to counteract it.

So, in a nutshell immerse yourself in what is immediately around you rather than being drawn into a global sinkhole. It will help to give you strength when you most need it.

*Lizzy Stroud*

## Another 'Long-Service' Award and Heartfelt Thanks

Mike Hartland is now in his mid-80's and has been delivering the Nut Tree since he, along with his much missed and gorgeous late wife Glenda, first moved here in 1980. So, with a slight break along the way Mike has been delivering The Nut Tree to Keveral residents for 39 years! Thank you so much Mike.

*Shelley England*

*(Everyone at Nut Tree echoes Shelley's note of thanks to Mike – "Thank you Mike – enjoy your retirement". Not many can claim such long service but we really value the contribution of all our voluntary Distributors – thank you!) Ed!*

## April / May 2025

DATE		DESTINATION	DEPART	LENGTH OF STAY	FARES SINGLE	FARES RETURN
<b>April</b>						
Tuesday	1	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Wednesday	2	<b>EXETER</b>	9.30 am	4 Hours	<b>£6.00</b>	<b>£12.00</b>
Thursday	3	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Friday	4	<b>LOOE</b>	11.30am	3 Hours	£2.00	<b>£4.00</b>
Tuesday	8	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Thursday	10	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Friday	11	<b>TOTNES</b>	9.30 am	4 Hours	<b>£5.00</b>	<b>£9.00</b>
<b>Monday</b>	<b>14</b>	Tea, Biscuits and mini quiz at <b>VILLAGE HALL</b> , £3.00			<b>10.30 am -12.00</b>	
Tuesday	15	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Wednesday	16	<b>TRURO</b>	9.30 am	4 Hours	£5.00	<b>£10.00</b>
Thursday	17	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Tuesday	22	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Thursday	24	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Friday	25	<b>St Ives</b>	9.30 am	4 Hours		<b>£15.00</b>
Tuesday	29	Plymouth	9.30 am	4 Hours	£3.00	£5.00
<b>May</b>						
Thursday	1	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Friday	4	<b>LOOE</b>	11.30am	3 Hours	£2.00	<b>£4.00</b>
Tuesday	6	Plymouth	9.30 am	4 Hours	£3.00	£5.00
<b>Other Excursions/Trips for May</b>						
Friday	9	<b>TAVISTOCK</b>	9.30 am	4 Hours	£4.00	<b>£8.00</b>
Friday	16	<b>Music Festival Dartmouth</b>	Time TBA	4 Hours		<b>£10.00</b>
Wednesday	21	<b>TRURO</b>	9.30 am	4 Hours	£5.00	<b>£10.00</b>
Friday	30	<b>LOOE</b>	11.30am	3 Hours	£2.00	<b>£4.00</b>

**TO BOOK SEATS TELEPHONE DOWNDERRY (01503) 250944 Mon-Fri 9.00am-5.00pm**

## Community Bus News

The big excursion in April will be to St Ives on Friday April 25<sup>th</sup>. Travelling by the Community Bus to this very popular destination makes so much sense. You avoid all the hassles of finding parking or using the park and ride by train. Our Bus will drop you close to the centre, and from there it is pure enjoyment. It is an opportunity to visit both Tate St Ives and the Barbara Hepworth Museum, to sample the bars, galleries, cafés and restaurants or just take in the wonderful views and enjoy the amazing light so enjoyed by generations of artists.

We have a very busy April programme starting with Exeter on Wednesday April 2<sup>nd</sup>, followed by the ever popular Looe service for a long lunch on April 4<sup>th</sup>. Remember the bus for Looe departs at 11:30, and we return from Looe at 15:00. Book early to avoid disappointment.

Later in the month we are off to Totnes on Friday April 11<sup>th</sup> and then to Truro on Wednesday 16<sup>th</sup>. The normal bus departure time from Broads Yard, Downterry is 09:30. Every week we visit Plymouth on a Tuesday and Liskeard on a Thursday, and on these two services you can use your bus freedom passes. No issues with parking. We are there for you.

Looking further ahead to May we have trips planned to Looe on May 4<sup>th</sup>, to Tavistock on May 9<sup>th</sup> and then to Dartmouth on May 16<sup>th</sup> for the music festival. The departure time for Dartmouth will be later than usual to allow you time to take in some of the gigs. Watch this space for an announcement of the timing. Truro is in the programme for May 21<sup>st</sup>. Other key future dates are June 6<sup>th</sup> and 7<sup>th</sup>, when we are planning to visit the Royal Cornwall Show.

The Friends of the Bus, our wonderful fundraisers, will be holding their coffee morning on Monday, April 14<sup>th</sup> from 10:30 to 12:00 (£3.00) in the Village Hall. Do come along for tea/coffee and biscuits, to meet up for a chat, and to take part in the latest amazing Bev Quiz.

And finally...on a personal note, after more than six years in the role of Chairman of the Community Bus Association, I will be passing on the baton in mid-April to Rob Gascoigne. It has been an honour and a privilege to chair our wonderful Community Bus, one of the special institutions of our very special villages. I am sure that Rob can count on the same great support you have all afforded to me.

Details of the community bus timetable are available in Nut Tree, on the village noticeboards and on the DaSRA (Downterry and Seaton Residents Association) website [www.dasra.co.uk](http://www.dasra.co.uk).

For all passenger bookings please call Bev Brighton on 01503 250944. For 300 Club and details of the monthly draw call Jo Woodley on 01503 250489. For any other questions, including on driver recruitment, please contact Kevin Done, Chairman on 07770 472375 or by email at [kevindone@hotmail.com](mailto:kevindone@hotmail.com).

*Kevin Done*

### **Downterry Bus 300 Club**

Lucky 300 Club draw winners for March are:

1<sup>st</sup>. No.12 – N & A Asprey. 2<sup>nd</sup>. No.77 - Jacqui Cottage. 3<sup>rd</sup>. No.179 – Viv Bennett. Thanks everyone.

*Jo Woodley (01503 250489)*

## Rita's Rota – APRIL Dates

1	-	MOBILE LIBRARY DAY	18	18:30	Easter Bingo (DSVH)
	19:00	Hessenford WI (WVH)	19	10:00	Charity Coffee Morning (SGMC)
2	14:00	Music Club (TZ)		10:00	Little & Bigger Breakfast (DSVH)
	18:00	Table Tennis (TZ)		19:30	Willow Workshop (TZ)
5	10:00	Craft W/shop – Monoprinting (TZ)	20	10:00	Craft Fair (DSVH)
	18:30	Casino & Auction Night (DSVH)		10:30	Church Service (SGMC)
6	10:30	Church Service - Crafhole	21	13:00	Family Easter Event (DSVH)
7	10:30	Coffee Morning (TRBL)	22	14:00	Short Mat Bowls (DSVH)
	14:00	Craft Café – Marbling (TZ)		19:15	Drama Group (DSVH)
8	10:00	Coffee Morning (DSVH)	23	14:00	Badminton (DSVH)
	14:00	Short Mat Bowls (DSVH)		14:00	Music Club (TZ)
	19:15	Drama Group (DSVH)		18:30	Table Tennis (TZ)
9	14:00	Badminton (DSVH)	24	14:00	Thurs Club Plant Swap (EHSG)
	14:00	Music Club (TZ)		18:30	Deviocck Parish Cnl Meeting (TZ)
	18:30	Table Tennis (TZ)		19:00	Badminton (DSVH)
10	14:00	Thurs. Club Easter Crafts (EHSG)		19:30	Deviocck Planng Meeting (TZ)
	19:00	Badminton (DSVH)	25	09:30	Community Bus Trip To St Ives
	19:30	Deviocck Full Cnl Meeting (TZ)	26	10:00	Coffee Morning (EHSG)
12	12:00	Downderry Memorial Gardening	27	10:30	Church Service (SGMC)
	13:00	Cake & Chat (HCH)	28	14:00	Craft Café – Marbling (TZ)
13	10:00	Producers Market (DSVH)	29	-	MOBILE LIBRARY DAY
	10:30	Church Service (SGMC)		14:00	Short Mat Bowls (DSVH)
14	10:30	FOB Coffee Morning (DSVH)		19:15	Drama Group (DSVH)
	14:00	Craft Café – Marbling (TZ)	30	14:00	Badminton (DSVH)
15	14:00	Short Mat Bowls (DSVH)		14:00	Music Club (TZ)
	19:15	Drama Group (DSVH)		18:30	Table Tennis (TZ)
16	14:00	Badminton (DSVH)		<b>BBB Bewshea's By The Beach; CB Community Bus; DSVH Dderry &amp; Seaton VH; PolH Polbathic Hall; EA Eliot Arms StG; EHSG Eliot Hall StG; HC H'ford Church; HCH H'ford Church Hall; SGMC St G Methodist Ch; SGPC St G Priory Church; SNCh St Nicolas' Church; SNS St Nicolas' School; TC Tideford Church; TRBL Tideford RBL Hall; TZ The Zone Downderry; WVH W'gates V Hall</b>	
	14:00	Music Club (TZ)			
	18:30	Table Tennis (TZ)			
	19:00	St G Gardening Club (EHSG)			
17	19:00	Badminton (DSVH)		Entries for Rita's Rota should be sent to <a href="mailto:nuttree.editor@yahoo.com">nuttree.editor@yahoo.com</a> by 17 <sup>th</sup> of the preceding month. (Note content is required by 14 <sup>th</sup> April for the May Nut Tree)	
Mobile Library:					
	St Germans - Alms Houses	09:45 - 10:05			
	St Germans - Quay Road.	10:15 - 10:50			
	Downderry - Inn.	13:55 - 14:35			
	Seaton - Car Park.	14:45 - 15:05			

**Rita**

### **IMPORTANT: COPY DATE FOR MAY NUT TREE – By 14<sup>th</sup> April.**

To all regular and periodic contributors to Nut Tree – please note that due to Bank Holidays the production of next month's Nut Tree is squeezed. So in order for it to be ready for delivery at the beginning of May – copy for the next edition is required **BY 14<sup>th</sup> April.** Thank you – *Ed!*

**Disclaimer : The Editorial Group accepts no responsibility for views expressed in any edition of Nut Tree. Nevertheless, we try to be as accurate as possible and seek similar factual correctness from our correspondents.**